



2024 Arctic Winter Games

ARCTIC SPORTS TERRITORIAL TRIALS

INUVIK, NT

Wednesday

4pm – Athletes Arrive

5pm – Dinner

6-7pm – Athlete Registration

7:30pm – Introduction to Arctic Sports

- Code of Conduct & Expectations
- Social Games

9:30pm – Free Time

11pm – Lights Out

Thursday

8:30am – Breakfast

10am – Athlete Warm-up

10:30am – Kneel Jump (All categories)

12pm – Lunch (not provided)

1:30pm – Alaskan High Kick (All categories)

5pm – Dinner

6:30pm – Two Foot High Kick (All categories)

9:30pm – Free Time

11pm – Lights Out

Friday

7am – Breakfast

8:30am – Athlete Warm-up

9am – Triple Jump (All categories)

12pm – Lunch (Not provided)

1:30pm – One Foot High Kick (All categories)

5pm – Dinner

6:30pm – One Hand Reach (Open male)

- Arm Pull (Open female & Junior categories)

9:30pm – Free time

11pm – Lights out

Saturday

7am – Breakfast

8:30am – Athlete warm up

9am – Sledge jump (All categories)

12pm – Lunch (Not provided)

1:30pm – Airplane (Open male)

3:30pm – Head Pull (Open male)

5pm – Dinner

6:30pm – Knuckle Hop (Open male)

9:30pm – Free time

11pm – Lights out